



Health in Bangladeshi communities in Tower Hamlets

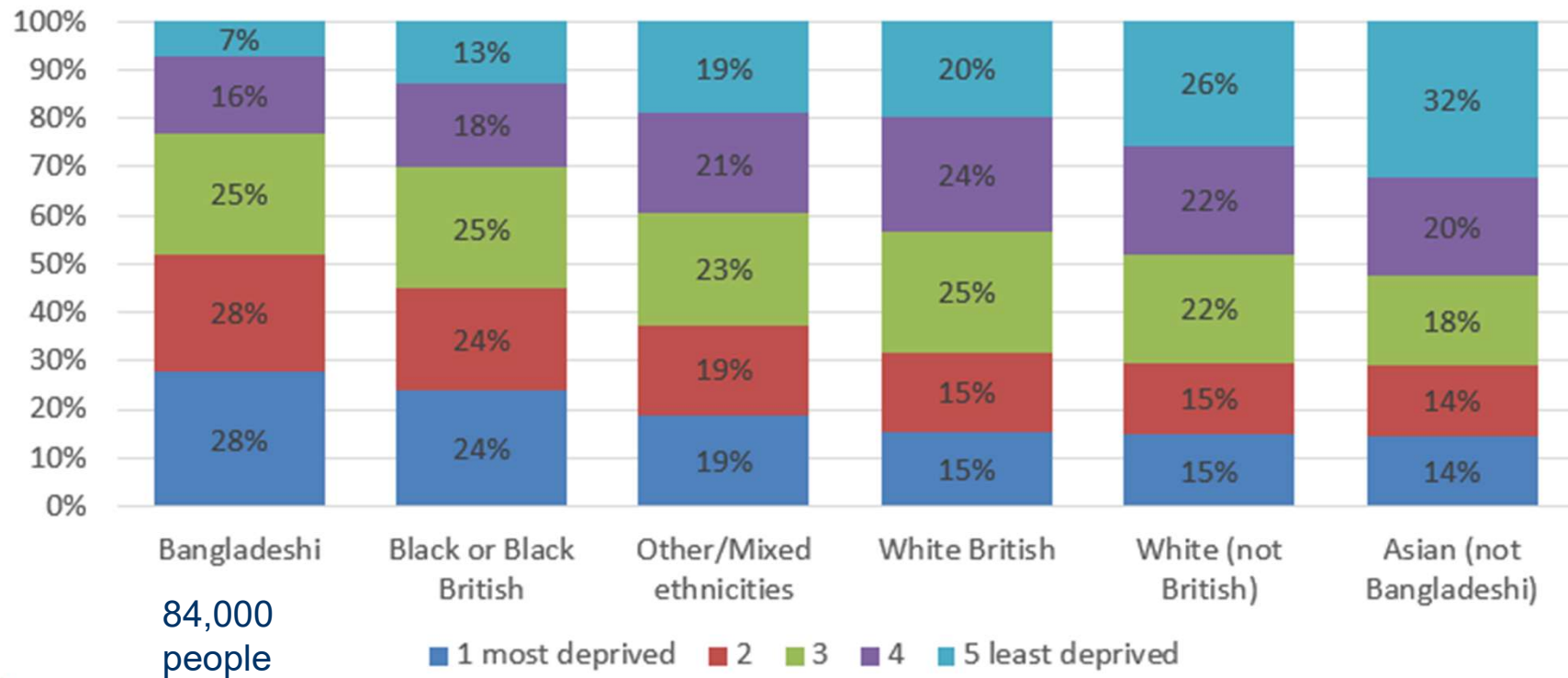
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Director of Public Health
London Borough of Tower Hamlets
Presentation to Bangladeshi Health Network
16th August 2023



Deprivation and ethnicity



Local IMD and Ethnicity in ages 15-79 in Tower Hamlets



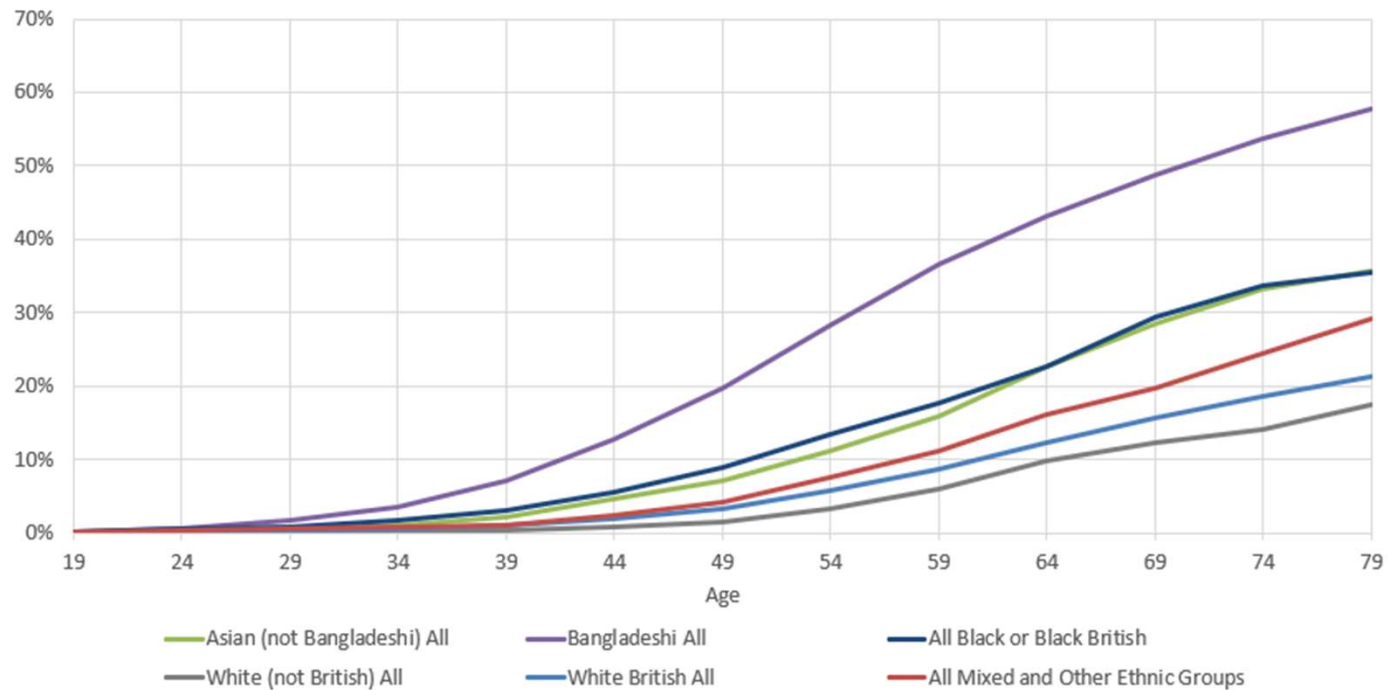
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Diabetes



Cumulative likelihood of being Diagnosed with Diabetes by age X by ethnicity



Bangladeshi

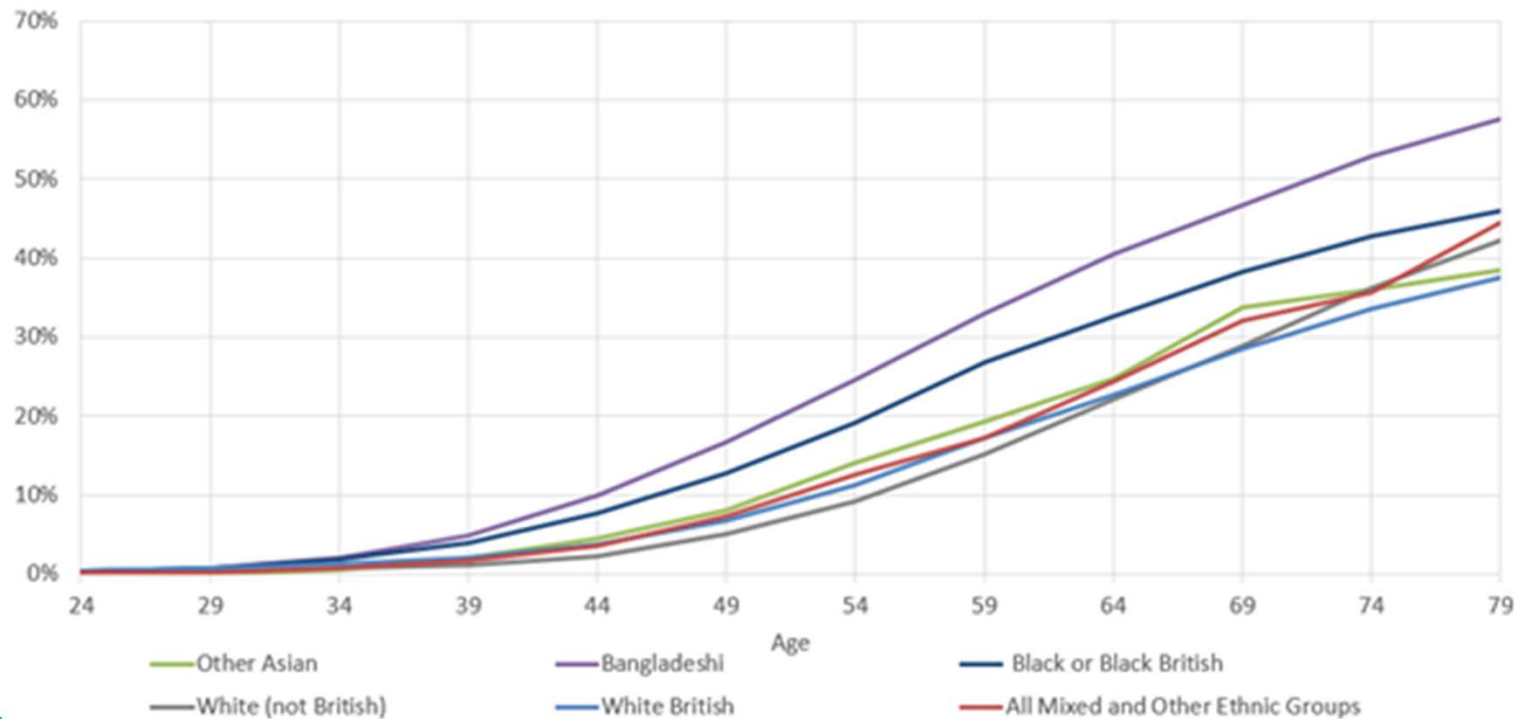
At age 70, chance of diabetes 1 in 2 compared to 1 in 4 in rest of population



High Blood Pressure



Cumulative likelihood of receiving a diagnosis of Hypertension by age X by ethnicity



Bangladeshi

At 70, chance of high blood pressures 1 in 2 compared to 1 in 3 for rest of population

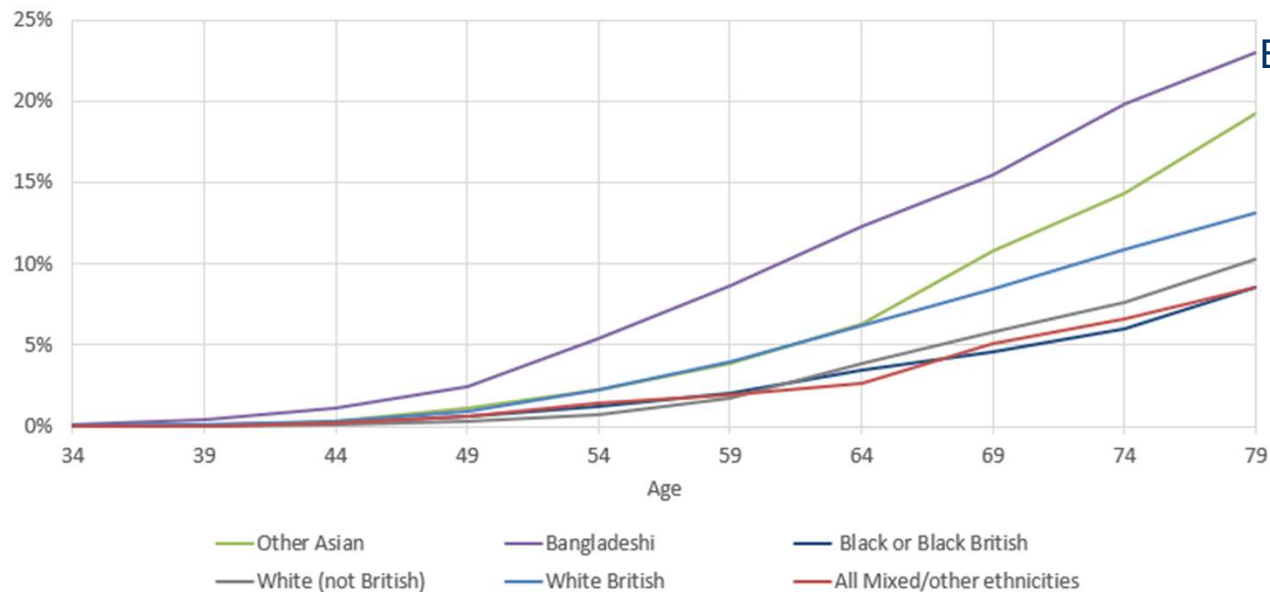
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Heart Disease



Cumulative likelihood of being diagnosed with CHD by age X by ethnicity



Bangladeshi

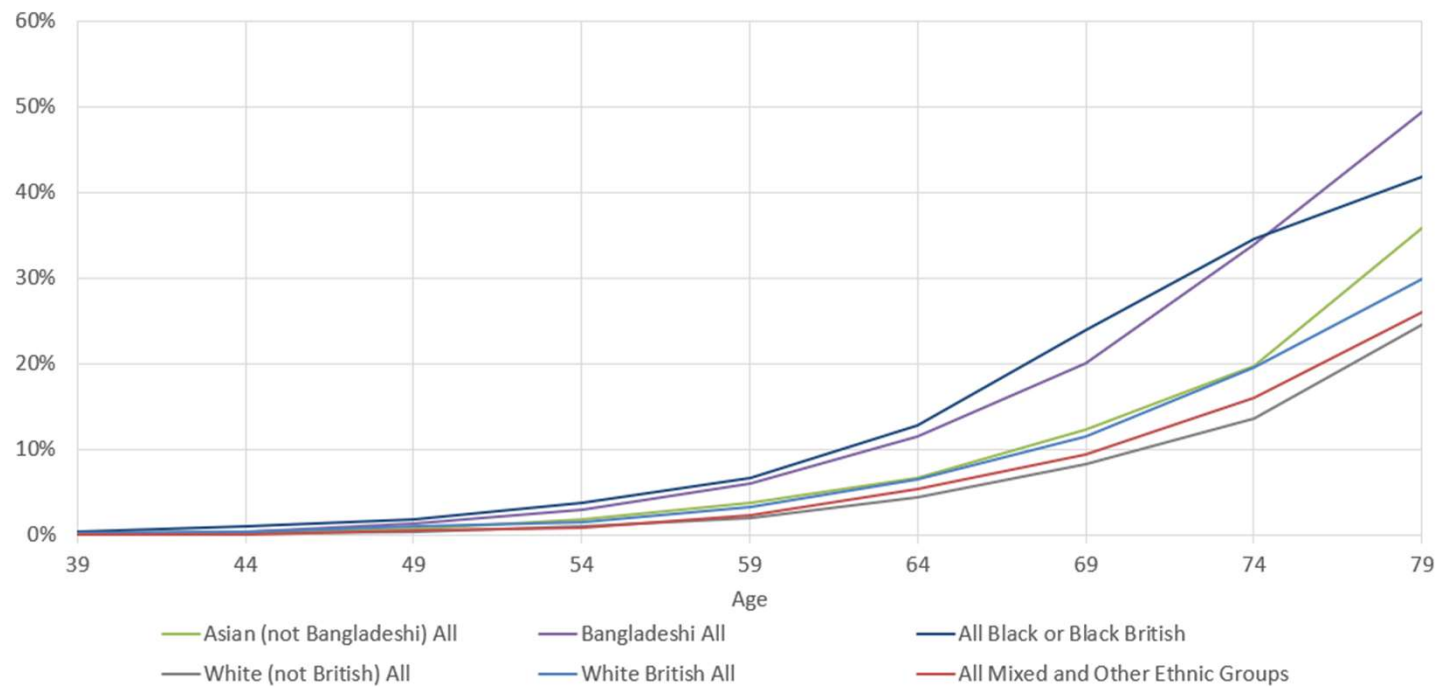
At age 55 the chance of being diagnosed with heart disease is around 3x rest of population



Kidney disease



Cumulative likelihood of being diagnosed with CKD by age X by ethnicity



Bangladeshi

By age 70 around 1 in 5 likely to be diagnosed with Kidney Disease compared to 1 in 10 of rest of population



Tower Hamlets Health and Wellbeing Strategy principles



1. Resources to support health and wellbeing should go those who most need it
2. Feeling connected is vital to wellbeing and importance of this should be built into services and programmes
3. Being treated equally, respectfully and without discrimination should be the norm when using services
4. Health and wellbeing information and advice should be clear, simple and coproduced with those who it is targeted at
5. People should feel that they have equal power in shaping and designing services
6. We should all be working together to make the best use of the assets that we already have



3 reflections from COVID



- What if we responded to the pandemics of non communicable disease with the same urgency as we did for COVID?
- If something is not measured it is not truly valued. Our ethnicity monitoring remains poor and patchy across the system, and where it is available it is not used as a matter of routine
- We are only successful in so far as we are connected to the communities we serve to develop solutions together.

